



	PLATINUM 100% WHEY PROTEIN ISOLATE	PLATINUM TESTOMASS 2500	PLATINUM INFERNO BURN WHEY	SUPERIOR REVOLUTIONAL TONE (FEMALE FORMULA)	PLATINUM METABOLIC BOOST	PLATINUM HYDROBOLIC PROTEIN	PLATINUM 100% WHEY BLEND	SUPERIOR KANGAROO BOLIC	PLATINUM NIGHT TIME RELEASE	PREMIUM WHEY PROTEIN ISOLATE	PREMIUM GAINS	PREMIUM SUSTAINED RELEASE
Size	2.1Kg - 4.5Kg	2.1 Kg - 4.5Kg	2.1Kg	900g - 2.1Kg	2.1 Kg	2.1 Kg	2.1Kg	900g - 2.1Kg	2.1 Kg	2.1 Kg	2.1 Kg - 4.5Kg	1Kg - 2.1Kg
SERVING SIZE (G)*	40	80	40	30	40	40	40	40	40	40	80	40
DIFFERENT FLAVORS	10	10	10	10	10	10	10	4	10	10	8	10
CALORIES* (Non-Cacao Flavours)	142	294	150	103	152	124	137	167	134	152	309	134
PROTEIN (G/SERVING)* (Non-Cacao Flavours)	35.7	25.6	35.1	22.2	35.1	27	29.2	32	32	36.2	16.1	32
CARBOHYDRATES (G/SERVING)* (Non-Cacao Flavours)	0.8	45.7	0.36	1.9	0.36	0.92	1.33	1	0.31	0.36	62.7	0.31
SUGARS (G/SERVING)* (Non-Cacao Flavours)	0.3	21.4	0.36	0.9	0.36	0.92	1.33	1	0.31	0.36	5.6	0.31
TOTAL FAT (G/SERVING)* (Non-Cacao Flavours)	0.4	0.9	0.44	0.8	0.44	0.91	1.3	1.4	0.38	0.44	0.9	0.38
SATURATED FAT (G/SERVING)*	0.1	0.7	0.28	0.6	0.28	0.64	0.92	—	0.24	0.28	0.4	0.24
OTHER SIGNIFICANT INGREDIENTS	PEPSIN (DIGESTIVES ENYMES) - GLUTAMINE	FENUGREEK, ASHWAGANDA ROOT EXTRACT	GARCINIA CAMBOGIA, GREEN COFFEE BEAN, RASPBERRY KETONE, DMHA, SYNEPHRINE, PEPSIN (DIGESTIVE ENZYMES)	GARCINIA CAMBOGIA, ACETYL L-CARNITINE, GREEN COFFEE BEAN, GREEN TEA EXTRACT, RASBERRY KETONES, AFRICAN MANGO	GREEN COFFEE BEAN, GARCINIA CAMBODIA, L-TYROSINE, PEPSIN (DIGESTIVE ENZYMES)	BCAAs, HMB, PEPSIN (DIGESTIVE ENZYMES)	L-GLUTAMINE, PEPSIN (DIGESTIVE ENZYMES)	—	L-GLUTAMINE, PEPSIN (DIGESTIVE ENZYMES)	—	—	—
BENEFITS	MUSCLE BUILDING - RECOVERY	WEIGHT GAIN-TESTOSTERONE BOOST-STRENGTH INCREASE-MUSCLE	MUSCLE BUILDING- FAT BURNING-ENDURANCE	MUSCLE BUILDING- FAT BURNING-ENDURANCE	MUSCLE BUILDING- FAT BURNING-ENDURANCE	MUSCLE BUILDING - RECOVERY- MEAL REPLACEMENT- FAST ACTING PROTEIN	MUSCLE BUILDING - RECOVERY- MEAL REPLACEMENT	MUSCLE BUILDING- RECOVERY-HIGH IRON-HIGH CLA	RECOVERY- SLOW PROTEIN ABSORPTION	MUSCLE BUILDING	WEIGHT GAIN	RECOVERY- SLOW PROTEIN ABSORPTION
SIMPLE VERSION AVAILABLE	YES	NO	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO

**BEST TIME TO CONSUME**

(★ NOT RECOMMENDED) (★★★ RECOMMENDED) (★★★★★ HIGHLY RECOMMENDED)

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FIRST THING IN THE MORNING	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★	★★★★★	★	★
PRE-WORKOUT	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★	★★★★★	★★★	★
POST-WORKOUT	★★★★★	★★★★★	★★★★	★★★★★	★★★★	★★★★★	★★★★★	★★★★★	★★	★★★★★	★★★★★	★
BETWEEN MEALS	★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★	★★	★★★★★	★★
BEFORE BED	★★★★	★★★★	★	★	★	★★	★★★★	★★	★★★★★	★	★★	★★★★★